

SUPERIOR-GREENSTONE DISTRICT SCHOOL BOARD

Section

Treat as soon as possible. Care

1.4 Teacher's Role

Watch for signs and symptoms of head lice (e.g. frequent scratching of head).

Have a person check the student if head lice is suspected.

Send home Head Lice Alert Letter to make families aware of the incidence of head lice in the class and need to do head checks.

Actively promote and regularly review preventative practices to avoid spread of head lice.

Speak to class about head lice and ways to prevent their spread.

Continue to give Letter to Parent/Caregiver of Child with Head Lice to parent/caregiver and Head Lice Alert Letter to classmates;

Make sure the child understands how to help, (e.g. sit still, help do the combing, no sharing combs etc.).

Control the classroom environmental control by;

- a) Minimizing activities involving head-to-

3.0 Appendices

[Appendix A](#): Thunder Bay District Health Unit, *“Head Lice Once a Week Take a Peek”*

[Appendix B](#): Draft Letter to Parent (Student-Specific)

[Appendix C](#): Draft Letter to Parents (Class Notification)

Head Lice – Once a Week, Take a Peek

Head lice are tiny grey bugs that infect the scalp and hair on the head. They are not dangerous and do not cause any harm. They are not a sign of poor hygiene and do not result from a lack of cleanliness. It is important for kids to understand that they haven't done anything wrong and that having lice doesn't make them dirty.

Once a Week, Take a Peek reminds parents about the need to check their children's hair for lice regularly. Personal hygiene and taking action should any be found.

CHECK – your child's hair

TREAT with lice medicine

REMOVE lice and nits with a comb

REPEAT 2 weeks later

COMPLETE – a lice check within 2-3 days

Who can get head lice?

Anyone can get



Life-cycle of Head Lice

...about 3 weeks.

Adult female lice can lay many eggs over a number of days and weeks. The entire cycle is

long.

Head lice are most common in children. Eggs are very hard to see with the naked eye.

What are the signs of head lice?

Itching and scratching are common signs of head lice. But often there are no symptoms at all. Because

lice are so small,

Take a peek! What do lice and eggs look like?

lice (also

lice are tiny, flat insects that are 1-2 mm long, greyish-brown in colour, and are hard to see. For

Check for head lice?

...eggs might be seen if you check your

...check for head lice. You can use a fine-toothed comb to check for lice and eggs.

CHECK: How do I

...check for head lice?

...check for head lice. You can use a fine-toothed comb to check for lice and eggs.

...check

TREAT: How do I treat head lice?

...treat head lice. You can use a fine-toothed comb to check for lice and eggs.

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100% no person
can do this on their
own

- remove before class 14
- the child under age 7
- presence of infection on the skin of the scalp

Check with your doctor or pharmacist before you use any product
• has a job that is responsible for hygiene in a public place

ve all the eggs?

REMOVE: How do I remove

- Every second day gently wash the scalp with a mild shampoo
- Use a fine-toothed comb to comb the hair out in small sections
- Place the nits in a jar or plastic baggie. Do not crush them. If you do, you will release the eggs.

RETREAT: Second treatment

Apply the medicine to the scalp and hair
every second day for 7 days
Repeat the treatment 7-10 days later

- Use a fine-toothed comb to comb the hair out in small sections
- Place the nits in a jar or plastic baggie. Do not crush them. If you do, you will release the eggs.

Why would you want to use the Retreat? It is a second treatment for lice. It is used if the first treatment does not work. It is used if the lice are still on the scalp after the first treatment.

How do you use Retreat? Apply the medicine to the scalp and hair every second day for 7 days. Repeat the treatment 7-10 days later.

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Can you find a road to a higher clean routine?

Head lice are a common problem for many children and their families. They are not dangerous, but they can be embarrassing and uncomfortable. The good news is that they are easy to get rid of with the right treatment.

Will they ever be gone?

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Points to remember



- Close contacts who are not checked for lice are a common reason for reoccurrence.
- Head lice do not live on dogs, cats or other animals; only on humans.
- Keeping hair short and clean does not prevent head lice. Lice can exist in all hair types regardless of how long or clean it is.

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SAMPLE LETTER

Notification of Presence of Head Lice (Student-Specific)

Name: _____ Date: _____

To: Parent or Guardian

An inspection of the hair of this student indicates that he / she has head lice and requires treatment.

Recommendation:

1. Select one of the many products used in the treatment of head lice, all of which can be purchased from the drug store. Consult your pharmacist for product information.
2. Read carefully and follow the instructions accompanying the product. **DO NOT TREAT MORE OFTEN THAN RECOMMENDED.**

SAMPLE LETTER

Notification of Presence of Head Lice (Class Notification)

TO: All Parents of Children in _____ Class

At least one student in this class has head lice. Please examine y

SCHOOL ACTION PLAN IN RESPONSE TO HEAD LICE

Goal – To assist parents/caregivers, students, school staff to eliminate head lice and control